

CLASS SCHEDULE

- 1ST Grade Blue Belt has black stripe through belt
- 2nd grade Blue Belt has no Black stripe through belt

Monday:

5:30pm- Beginner Kids (white belts only)

6:30pm- Advanced Kids (green-2nd grade blue)

Tuesday:

5:30pm- Beginner Kids (white belts only)

6:30pm- Intermediate Kids (yellow belts only)

7:30pm-Teens/Adults (all belt levels)

Wednesday:

5:30pm- Advanced kids (green-2nd grade blue)

6:30pm- Advanced kids (1st grade blue-Black)

Thursday:

5:30pm-Intermediate Kids (yellow belts only)

6:30pm- Advanced Kids (1st grade blue-Black)

7:30pm-Teens/Adults (all belt levels)

Friday:

5:30pm- Kids class (White-Yellow belt dodge ball challenge)

6:30pm- Kids class (Green-Black belt dodge ball challenge)